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Your Country Confidential had a chance to hook up with 2010 CCMA Female Artist and Songwriter of the Year Victoria Banks at the 2010 Cavendish Beach Country Music Festival. Here's Rebecca's Q and A with V!

R: When you're part of a music festival like this do you come early and take in some of the other shows?

V: I usually do, this time I didn't because I'm on the Island and I got sucked into the beauty of the Island and I was literally exploring...I was on beaches...I was in museums...I was taking it all in so, I probably should have been here, but I wasn't.

R: And you're an "Anne Fan", so did you get to Green Gables?

V: I did. I went to all the places...Green Gables...the place where she (writer Lucy Maud Montgomery) got married over in Park Corner...where she was born. I went to all the museums. I took my dad and sister because they came out too. They drove out from Ontario to meet me because they knew it was a good opportunity for them to come see P.E.I. and they've never seen it before. We actually had a really cool experience. We went to the house that L.M.M. was married in, and in the same room where she got married we played the same hymn that was played at her wedding on the same pump organ that it was played on, and I got to play it on the organ and my dad and sister sang, and the people at the museum let us do it! It was amazing!

R: I heard that your dad was able to fix the pump organ there!

V: Well my dad's a big antique buff, he's a collector of old phonograph records and that type of thing, and he's really really good at fixing stuff, so everywhere we've gone on this trip, he's run into some little phonograph machine that hasn't been working and he'll take it all apart and put it back together again and get it working, so he's leaving a string of fixed record machines behind him everywhere he goes.

R: So this is the beginning of a summer tour for you.

V: It is...I'm playing a lot of festivals, but I'm going back and forth a lot to Nashville because I just signed a new publishing deal with Chrysalis Music down there, and so I'm a staff songwriter there where I write songs for other people, so if I'm not out playing a festival on the weekend I'm there during the middle of the week writing songs.

R: I was just going to ask what that means for your writing when you're touring and performing and recording...and you write as well. So how do you squeeze everything in?

V: You kind of have to compartmentalize your life a little bit, but at the same time you want to walk around with those antennae tuned for those song ideas all the time, and it's a great place to get song ideas when you're out seeing the world and meeting new people and having experiences like this, so I think it's going to be a real inspiration this summer doing this.

R: I know you have so many fans here on P.E.I...how did you enjoy playing today at the festival?

V: I loved it! I could see people out there singing along with the songs and of course that is a pretty new experience for me you know, all these years, writing songs in an office somewhere, I never got to share them with the fans, I always handed them over to someone else to sing, and now I get to come out here and play them and see people singing and that's never going to get old, I really get a thrill out of that.

R: How different is your life now?

V: It's extremely busy now, and it's been a little tough because I've never been very good at carving out that time for me...and that usually comes last after all the other things that I have on my laundry list to do, and I've just learned a little bit about how to be a diva, you know, when it comes down to it, that's a side of your personality that you need when you're start doing a lot of stuff and you're in the spotlight you need to be able to stand up for yourself and so I'm kind of learning that, how to draw some boundaries and not answer the phone sometimes and take the time for myself.

R: How does it affect your relationship when you're on the road?

V: He's working in Nashville, he's a musician as well and working in the business down there so he understands how it works out here and we call every day and talk to each other, but so far so good. We are both good independently of each other, and we were both single for a long time before we hooked up with each other so, that helps. You know, you're used to being alone, and you're okay with that.

R: And you're great at updating your Facebook and Twitter...so do you think you could ever turn away from that, or do you really enjoy the social networking experience?

V: I really do...I think I'm too hooked on it. I don't think I could ever really hand it over to someone else. It's really fun...I've made friends through Facebook with some of my fans and then I come out to a show like this and recognize people when they come through the autograph line and they'll say "Hey I just messaged you!" And so, I think it's really cool, and I get to share what I'm doing with people and they can kind of come along virtually on the road with me and...sometimes I'll get a funny little video or something funny will happen and I can post it and everybody can laugh with me and it's fun.

R: You seem like a fun gal...the life of the party...hey...have you ever tried karaoke?

V: I tried karaoke once and I was so terrible at it that I failed miserably and now I'm scared to do it anymore! So before I do my next karaoke I think I will practice the song that I'm going to do and then I'll pretend I didn't practice and I'll just be really cool.

R: Victoria...you ARE really cool! Thank you so much for your time...enjoy Cavendish!

V: Thanks!